

Value of the half term Positivity



<https://www.youtube.com/watch?v=6DsxIkh0YEo>

Watch this video, what do you think about the tree, that didn't mind being a bit adventurous? Which of the 2 trees are you more like?

Can you interview 2 to 3 people about what they are thankful for? Ask them to tell you how they feel when they think about the things they are thankful for. Do they all feel the same even though they are thankful about different things?

Being Thankful is having gratitude.

Having gratitude makes people feel _____.

Record 3 things that you are thankful for.

For example: You could be thankful for the sun shining outside or having time to play a favourite game.

Can you use these ideas to **make a colourful poster** about feeling Happy and Being Positive?

Post your poster on the blog, it will make us all feel positive.

Looking forward to see what makes the Year 5s positive!

