



## The Hermitage School After School Cheerleading Club

🌐 [www.Royalscheerleading.co.uk](http://www.Royalscheerleading.co.uk)

✉️ [royalscheerleadingclub@gmail.com](mailto:royalscheerleadingclub@gmail.com)

🌐 [facebook.com/RoyalsCheerUK/](https://facebook.com/RoyalsCheerUK/)

🌐 [instagram.com/RoyalsCheerUK/](https://instagram.com/RoyalsCheerUK/)

**When?:** Thursday 3.15pm until 4.30pm

**Where?:** School Hall

**Start date:** Thursday 10th January for 10 weeks.

**How much?:** £60 or £40 for current Royals members

**How to sign up?:** On the school website/ via the parent mail

**How to pay?:** Online to R. AllStars. Account number 42441179 Sort code 40-47-08 or cash in a labelled envelope

**Any questions?:** Please contact Miss Foster

**Sign up by?:** Friday 14th December

Cheerleading is a growing and varied sport, helping with fitness, teamwork, confidence and performance.

Within these sessions we will be combining stunts (lifts/acrobatics), jumps, floor gymnastics and dance.

Coaches are experienced and qualified to ensure The Hermitage Royals will be a great team to be a part of!