

## **YEARS 3,4,5 and 6 Girls Only Multi-Sports CLUB**

Open to girls of all abilities, the coaching programme introduces young players to the fundamentals of sport. Coaching sessions aim to improve ability, build confidence, and emphasize the importance of sportsmanship whilst maintaining a realistic perspective of competition. A fun and relaxing approach to sports based games for newcomers and keen sportswomen.

*The club may take place indoors or outdoors depending on weather so please ensure that your child has suitable clothing and footwear for the field, playground or hall.*